

## Abstract

The present study examined body image, self-esteem, disordered eating attitudes and behaviors among Chinese adolescent boys in Hong Kong. Subjects, 2,190 boys aged 11-21 years (mean age= 14.95, SD=1.96), completed measures assessing body satisfaction, self-esteem, eating attitudes and behaviors. Results demonstrated that respondents were equally divided among those who perceived themselves as thin, heavy and normal weight. However, the number of boys who wished to increase in size was ten times that of those who wished to decrease. Self-esteem and ineffectiveness were both significantly correlated with BMI, perceived weight and body satisfaction. Compared to other body parts, satisfaction with facial appearance had the strongest relationship with self-esteem. Pathological weight loss behaviors such as vomiting or laxatives abuse were not prevalent among these boys. The most popular method to change body size or shape was exercise. Findings will be discussed taking the local cultural context into consideration.